



Original Research Article

Electromagnetic field (10 Hz, 1 mT) protects mesenchymal stem cells from oxygen-glucose deprivation-induced cell death by reducing intracellular Ca^{2+} and reactive oxygen species



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ARTICLE INFO

Article history:

Received 22 June 2016

Received in revised form 25 October 2016

Accepted 3 November 2016

Available online 24 November 2016

Keywords:

 Ca^{2+}

Electromagnetic fields

Mesenchymal stem cell

Oxygen and glucose deprivation

Reactive oxygen species

ABSTRACT

Protective effects of electromagnetic fields (EMFs) against oxygen and glucose deprivation (OGD)-induced human mesenchymal stem cell (MSC) death were studied. Cell survival, intracellular calcium and ROS/RNS levels were measured after culturing MSCs for 3 h under OGD with or without EMF exposure. The survival rate of cells cultured under OGD condition was significantly reduced compared to control cells, while cells cultured in OGD with 10 Hz/1 mT EMF exposure had higher survival ratio than that in equivalent non-exposed cells. This protective effect of EMF was not observed at different frequency/intensity combinations such as 10 Hz/0.01 mT, 10 Hz/0.1 mT, 50 Hz/1 mT and 100 Hz/1 mT. ROS/RNS levels of cells cultured under OGD conditions significantly increased compared to the control level while 10 Hz/1 mT EMF alleviated this effect. Intracellular calcium levels in OGD group were higher than control while those in OGD plus 10 Hz/1 mT EMF group were significantly lower than OGD group. Addition of Ca^{2+} chelator promoted protective effects of EMF against OGD-induced MSC death. Our results suggest that 10 Hz/1 mT EMF exposure protects MSCs from OGD-induced cell death and the underlying mechanisms of the protection are reduction of intracellular levels of Ca^{2+} and ROS/RNS.

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Introduction

Ischemic brain injury can be caused by cardiac arrest, profound hypotension or hypovolaemia due to blood loss (Howard et al., 2011). Two major mechanisms of neural damage during ischemia are reduction of oxygen and glucose supply (Guo et al., 2011). Since patients with ischemic brain injury suffer from persistent neurological deficits and severe irreversible neuronal cell loss, cell-based therapeutic approaches have attracted a great deal of attention (Scheibe et al., 2012). Mesenchymal stem cells (MSC) are attractive cytotrophy candidates for ischemic neuronal injury owing to their neuroprotective (Crigler et al., 2006; Scuteri et al., 2006; Wilkins et al., 2009) and immunosuppressive properties

(Aggarwal and Pittenger, 2005; Chen et al., 2006). Indeed, functional recovery has been achieved in a rodent ischemic neuronal injury model when MSC were injected directly into the infarct site (Chen et al., 2001, 2003; Kurozumi et al., 2005; Nomura et al., 2005; Zhao et al., 2006) or administered intravenously (Chen et al., 2003). Such protective effects of MSC are thought to be due to the secretion of various growth factors including glial-derived neurotrophic factor, nerve growth factor, and vascular endothelial growth factor (Caplan and Dennis, 2006; Chen et al., 2002; Parekkadan et al., 2007; Wagner et al., 2007). However, the regenerative potential of MSC has been considered to be transient (Lee et al., 2009). One of the reasons for this temporal effect may be unfavorable conditions for MSC such as hypoxia or inflammation. Hypoxia suppresses the growth (Holzwarth et al., 2010) and differentiation (Holzwarth et al., 2010; Yang et al., 2011) of MSC, and hypoxia plus serum deprivation significantly promote cell death (Zhu et al., 2006).

Electromagnetic fields (EMFs) are capable of altering cell proliferation and differentiation, cell cycles, apoptosis, DNA replication, and gene expression (Pesce et al., 2013). In recent studies with human cells, extremely low frequency EMF has been shown to induce production of reactive oxygen species (ROS),

Abbreviations: DCFH-DA, 2',7'-dichlorofluorescein-diacetate; EMFs, electromagnetic fields; I/R, ischemia-reperfusion; MSC, mesenchymal stem cell; OGD, oxygen and glucose deprivation; ROS, reactive oxygen species; EDTA, ethylenediaminetetraacetic acid; NAC, N-acetylcysteine.

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which may be harmful to the cells (Henrykowska et al., 2009; Park et al., 2013; Reale et al., 2014). However, in other studies, extremely low frequency EMF has been shown to exert protective effects against rat cardiac ischemia-reperfusion (I/R) injury (George et al., 2008) and to lead an increase in ROS production of phorbol-12-myristate-13-acetate stimulated neutrophils, which may have beneficial effect on inflammatory processes at the site of infection (Poniedzialek et al., 2013).

In this study, we examined a protective effect of EMF against oxygen and glucose deprivation (OGD)-induced cell death of human MSC using an *in vitro* OGD model previously established to mimic pathological conditions of central nervous system ischemia (Beck et al., 2003). Additionally, we identified possible mechanisms for protective effects of EMF.

Materials and methods

Cell culture

Human MSC were obtained from umbilical cord matrix (PromoCell GmbH, Heidelberg, Germany). Cells were grown in MSC growth medium (PromoCell) supplemented with 1x antibiotic-antimycotic (Invitrogen, GIBCO BRL, MD, USA) and 5 µg/ml Plasmocin (Invivogen, San Diego, CA, USA) in 100 mm-cell culture dishes. Cells were grown at 37 °C in a 5% CO₂ atmosphere under humid conditions and passaged by 0.25% trypsin-EDTA (Invitrogen) when they reached 80–90% confluence.

Oxygen and glucose deprivation (OGD) and electromagnetic field exposure

Cell injury during ischemia occurs due to reduced oxygen and glucose supply. Thus, culturing cells under OGD conditions is thought to mimic the pathological conditions of ischemia. In the present study, MSC were subjected to OGD as previously described (Beck et al., 2003). The same batch of human MSCs in exponential

growth phase was randomly divided into three groups: 1) a control group cultured under normal condition (20% O₂ in the presence of glucose), 2) an OGD group incubated in OGD condition (1% O₂ in the absence of glucose), and 3) an OGD + EMF group cultured under OGD condition with EMF exposure. OGD group and OGD + EMF group were placed outside and inside the Helmholtz coil system in the same incubator, respectively, while control group was placed in a separate incubator without an EMF exposure system, because of different O₂ conditions. MSC were washed twice with PBS, then incubated in OGD medium composed of Dulbecco's modified Eagle's medium (DMEM, Welgene, Gyeongsan, Korea) without glucose supplemented with 1x antibiotic-antimycotic (Invitrogen) and 5 µg/ml Plasmocin (Invivogen) in a Heraeus gas addition incubator (Heraeus Instruments GmbH, Hanau, Germany) containing 94% N₂, 1% O₂ and 5% CO₂ for 3 h. To investigate the effects of Ethylenediaminetetraacetic acid (EDTA) and N-acetylcysteine (NAC), 0.5 M EDTA solution (pH 8.0, Amresco, Solon, USA) and 0.5 M NAC (Sigma-Aldrich, St. Louis, MO, USA) solution was added to the OGD medium to obtain a final concentration of 2 mM EDTA or 1 mM NAC.

The EMF was generated by two coils arranged in a Helmholtz configuration oriented to produce a vertical magnetic field with parameters as follows: axial symmetry—2D; diameter of two coils—inner 15 cm, outer 26 cm; distance between coils—18 cm; coil diameter—18AWG; number of loops—1000. The system was placed in the center of a gas addition incubator (Fig. 1), and cells were exposed to various conditions with continuous sinusoidal extremely low frequency EMF (10, 50, or 100 Hz/1 mT and 10 Hz/0.01, 0.1, or 1 mT) using an AC power source (PCR-1000L, Kikusui, Japan). Cell culture dishes were maintained at the center of a uniform field area. A relatively uniform magnetic field was detected inside the coil but it was not detected outside the coil by a tesla meter TM-701 (Kanetech-Bensenville, IL, USA). A thermometric probe placed inside and outside the EMF generator revealed no significant temperature difference between culture media of exposed or unexposed cells.

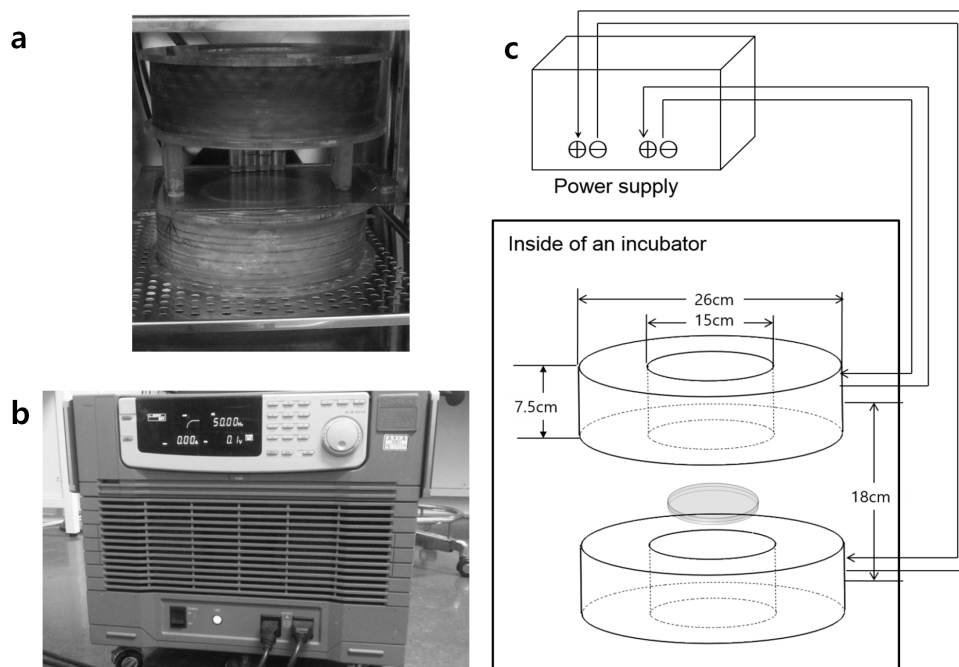


Fig. 1. Overview of EMF exposure system. A photograph of a helmholtz coil installed in the incubator (a), power supply (b) and a schematic diagram of coils with specification (c).

Cell viability measurement

Cells were plated at a density of 1.25×10^5 in 500 μ l of culture medium in 4-well plates. Cells were trypsinized and diluted in high-glucose containing DMEM medium (Welgene, Gyeongsan, Korea), after which 10 μ l aliquots were stained with 0.4% trypan blue (Acros Organics, New Jersey, USA) in PBS to determine the cell viability. The number of viable MSC was counted under a light microscope using a hemocytometer (Paul Marienfeld GmbH & Co. KG, Germany) at 100 \times magnification.

EZ-Cytox Enhanced Cell Viability Assay Kit (Daeil lab service, Seoul, Korea) was also used to confirm the results. Briefly, plated cells were treated with Ez-cytox solution and incubated for 30 min at 37 °C. Cell culture supernatants were then placed into 96-well plates and the absorbance was measured using a μ Quant Scanning Microplate Spectrophotometer (Bio-Tek, Winooski, VT, USA) at 450 nm.

Fluorometric determination of reactive oxygen and nitrogen species (ROS/RNS)

2',7'-dichlorofluorescein-diacetate (DCFH-DA) is a general dye to detect changes in redox balance as that changes of its signal can be a result of intracellular ROS/RNS generation (Gomes et al., 2005). Cells were plated at a density of 2.5×10^4 – 3.0×10^4 in 200 μ l of culture medium in 96-well black Plates 1 day before treatment. Following exposure to 20% or 1% O₂ for 3 h, cells were loaded with 10 μ M DCFH-DA (Sigma-Aldrich) for 30 min at 37 °C. The fluorescence was then measured at an excitation wavelength of 485 nm and emission wavelength of 535 nm using a Victor X4 Multilabel Plate Reader (Perkin Elmer, MA, USA).

Fluorometric determination of calcium ions

Cells were plated at a density of 2.5×10^4 in 200 μ l of culture medium in 96-well black Plates 1 day before treatment. Following exposure to 20% or 1% O₂ for 0.5, 1, 2 or 3 h, cells were washed with calcium-free HBSS containing 20 mM HEPES (assay buffer, Molecular Probes, Eugene, OR, USA). Next, 100 μ l Fluo-4-NW-dye-mix (Molecular Probes) was added, after which the samples were incubated for 30 min at 37 °C, followed by 30 min incubation in the dark at room temperature. The fluorescence was measured with an excitation wavelength of 485 nm and emission wavelength of 535 nm using a Victor X4 Multilabel Plate Reader (PerkinElmer).

Statistical analysis

Significant differences among groups were identified by one-way analysis of variance (ANOVA) with Tukey's HSD post hoc test using SPSS software (version 12.0; SPSS, Inc., Chicago, IL, USA). All experiments were performed in duplicate or triplicate. Data from at least two independent experiments were pooled for statistical analysis. Values are expressed as the means \pm standard deviation (SD). Differences were considered significant at p -value < 0.05 .

Results

EMF protects MSC from OGD-induced cytotoxicity

We investigated the protective effects of extremely low frequency of EMF on survival of human MSC using an *in vitro* oxygen and glucose deprivation (OGD) model. To determine whether the protective effect depends on the frequencies of the

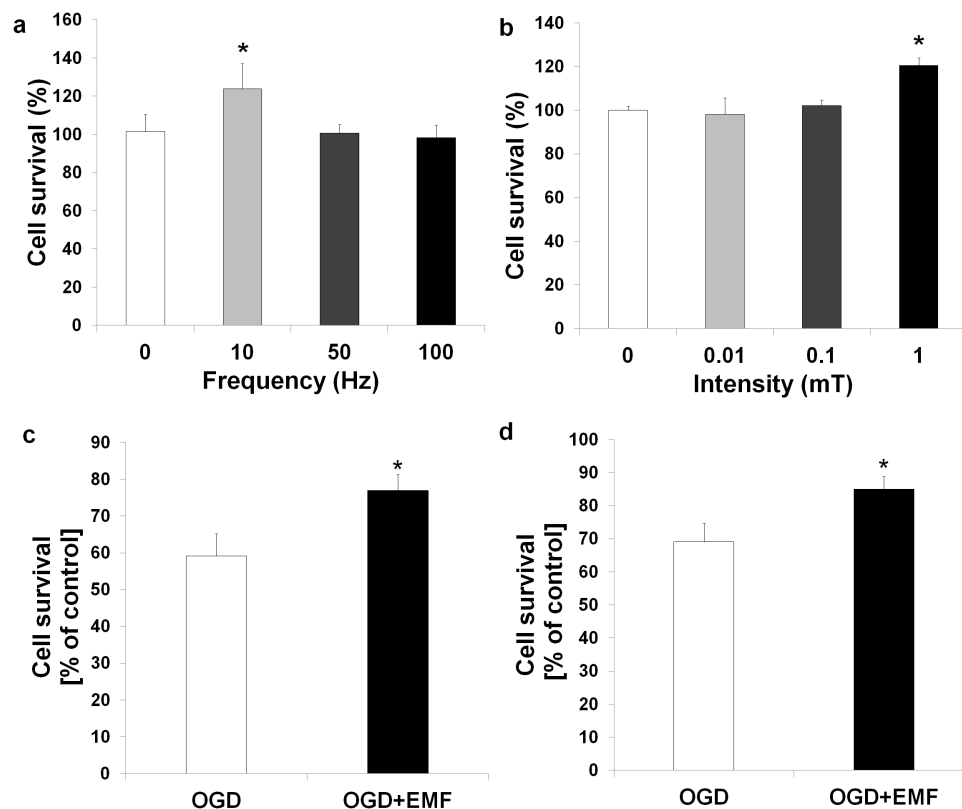


Fig. 2. EMF protects MSC from OGD-induced cytotoxicity and the protective effects are dependent on frequency and intensity. (a) Cells were exposed to 1 mT EMF at various frequencies (10, 50 or 100 Hz). (b) Cells were exposed to 10 Hz EMF at different intensities (0.01, 0.1 or 1 mT). Cell survival was determined by Ez-Cytox cell viability assay. (c and d) Cells were exposed to 10 Hz/1 mT EMF and cell survival was determined by trypan blue staining (c) or Ez-Cytox assay (d). Bar graphs represented as mean \pm S.D. of two (a, b and d) or three (c) independent experiments ($n=9$ or 12). * $p < 0.05$ compared with the control.

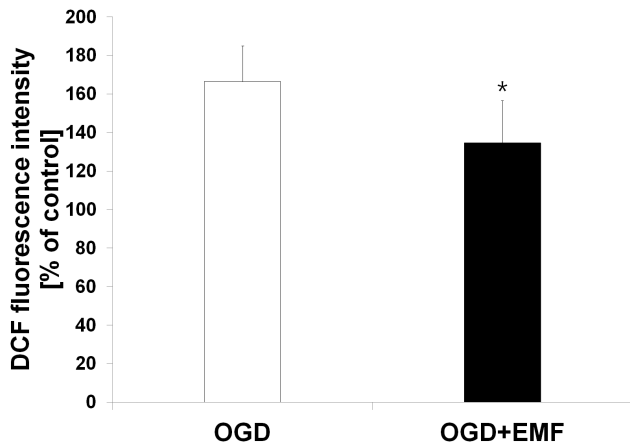


Fig. 3. EMF reduces OGD-induced intracellular ROS/RNS production of MSC. Bar graphs represented as mean \pm S.D. of two independent experiments ($n=6$). * $p < 0.05$ compared with the control.

field, we investigated cell survival after exposure to fields at three different frequencies (10, 50 or 100 Hz). 10 Hz/1 mT EMF exerted a protective effect, while 50 or 100 Hz/1 mT EMF exposure did not, indicating a frequency-specific protective effect (Fig. 2a). Next, we tested the intensity specificity using three different field intensities (0.01, 0.1 or 1 mT). 0.01 or 0.1 mT/10 Hz EMF exposure did not exert a protective effect, while 1 mT/10 Hz EMF protected the cells (Fig. 2b). The survival rate of the cells cultured under OGD condition was reduced by approximately 40% relative to the control cells. However, the survival rate of the cells exposed to 10 Hz/1 mT EMF during cell culture under the same OGD condition was about 20% higher than that in equivalent non-exposed cells (Fig. 2c). The results were confirmed by Ez-Cytox cell viability assay kits and found to be similar to those obtained by trypan blue staining (Fig. 2d). These results demonstrated that the protection of MSC from OGD-induced cell death requires EMF at a specific frequency (10 Hz) and intensity (1 mT).

EMF reduces OGD-induced intracellular ROS/RNS and calcium levels of MSC

We examined intracellular ROS/RNS levels of MSCs since it is known that OGD-induced cell death is associated with increased cellular ROS levels (Howard et al., 2011). ROS/RNS levels of cells cultured under OGD increased to approximately 165% of the control levels, while those of cells exposed to 10 Hz/1 mT EMF were about 135% of the control (Fig. 3). To determine whether

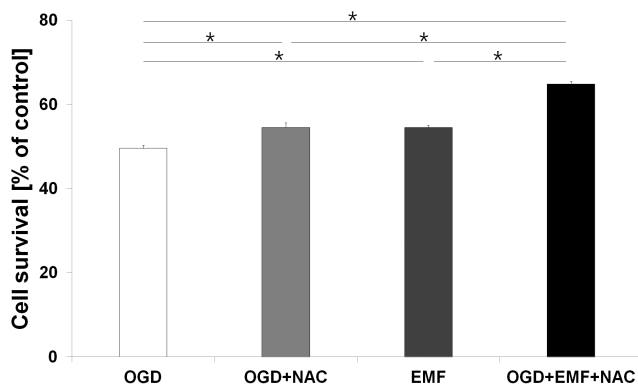


Fig. 4. NAC promotes the suppressive effects of EMF against OGD-induced cell death. Bar graphs represented as mean \pm S.D. of two independent experiments ($n=9$). * $p < 0.05$ compared with the control.

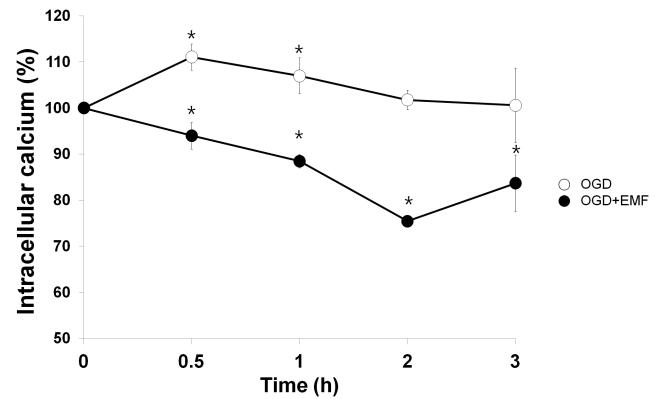


Fig. 5. EMF reduces intracellular calcium levels of MSC cultured under OGD conditions. Graphs represented as mean \pm S.D. of two independent experiments ($n=9$). * $p < 0.05$.

simultaneous scavenging of ROS by EMF exposure and antioxidant treatment exerts more protective effects, we investigated cell survival after exposure to 10 Hz/1 mT EMF and 1 mM NAC. As shown in Fig. 4, co-exposure to 1 mM NAC and 10 Hz/1 mT EMF exerted more profound effects than exposure to EMF alone.

It is well known that OGD results in an early increase in intracellular calcium level in neurons (Nikonenko et al., 2005; Pisani et al., 1998); therefore, we examined the calcium levels. Intracellular calcium levels in the OGD group increased at 30 min and 1 h and then returned to the control levels, while those in the OGD plus 10 Hz/1 mT EMF group were significantly lower than in the OGD group at all time points tested (Fig. 5).

We next tested the additive effects of EDTA, which is a chelating agent for metal ions such as Ca^{2+} and Fe^{3+} . 10 Hz/1 mT EMF exposure decreased intracellular calcium levels in a time-dependent manner, and this reduction became more profound when cells were subjected to EMF together with EDTA (Fig. 6). After culturing cells for 3 h under OGD, EMF exposure alone and EMF plus EDTA treatment resulted in approximately 25% and 40% of reduction in intracellular calcium levels, respectively. Addition of EDTA without EMF exposure also decreased the intracellular calcium levels. In addition, EDTA was found to exert an additive effect on 10 Hz/1 mT EMF-induced reduction of intracellular ROS/RNS production. OGD-induced intracellular ROS/RNS production was significantly reversed by the addition of EDTA together with 10 Hz/1 mT EMF exposure (Fig. 7a). Similar to the ROS/RNS results, additive effects of EDTA on the protection of MSC from OGD-

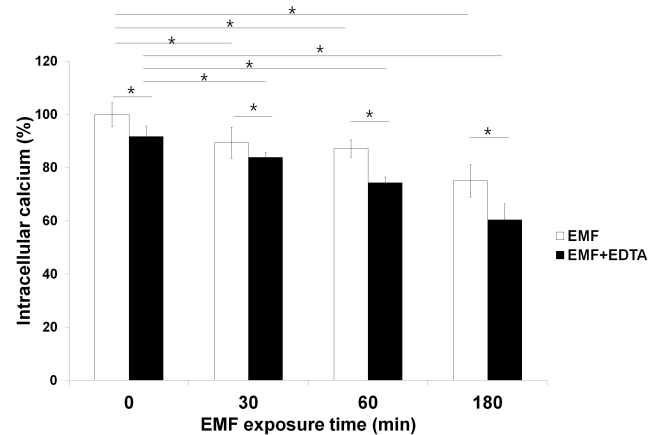


Fig. 6. EDTA promotes the suppressive effects of EMF against OGD-induced rise in intracellular calcium. Fig. 5 Bar graphs represented as mean \pm S.D. of two independent experiments ($n=9$). * $p < 0.05$.

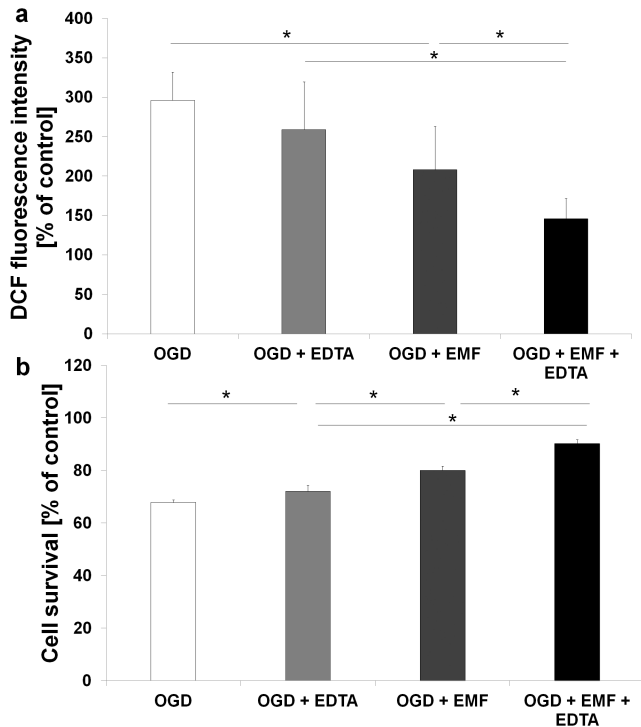


Fig. 7. EDTA promotes the suppressive effects of EMF against OGD-induced ROS/RNS production (a) and cell death (b). Bar graphs represented as mean \pm S.D. of two (a) or three (b) independent experiments ($n = 8$ or 9). * $p < 0.05$ compared with the control.

induced cell death by 10 Hz/1 mT EMF exposure were observed (Fig. 7b).

Discussion

The major findings of this study were 10 Hz/1 mT EMF exposure inhibits OGD-induced cell death of human MSC and reduces OGD-induced elevation of intracellular calcium and ROS/RNS levels. Although we cannot rule out the possibility that combinations of frequencies and intensities of the field other than 10 Hz/1 mT also have protective effect, our recent studies using *in vitro* OGD- or hypoxia/re-oxygenation (H/R) models revealed that only two combinations of frequencies and intensities such as 10 Hz/1 mT (Duong and Kim, 2016; Lim et al., 2015) and/or 50 Hz/1 mT of EMF (Duong and Kim, 2016) are protective against OGD- or H/R-induced cell death among total nine different combinations of frequencies and intensities tested in these studies, suggesting that there is some frequency- and intensity-selectivity.

The main mechanism of OGD-induced cell death is an increase in intracellular calcium and/or ROS levels. Previous studies suggested that ischemia-induced neuronal injury is caused by intracellular calcium overload, which activates enzymes that mediate destruction of proteins, lipids, and nucleic acids through a cascade of cytotoxic events (Choi, 1995, 1988; Siesjo and Bengtsson, 1989). Similarly, studies using an OGD model demonstrated an increase in intracellular Ca^{2+} levels mediated by calcium influx via voltage-gated Ca^{2+} channels that was a key event triggering OGD-induced cell death (Nikonenko et al., 2005; Pisani et al., 1998). Therefore, calcium-channel blocking drugs effectively protected neuronal cells from OGD-induced cell injury (Kornekov et al., 2000; Nikonenko et al., 2005; Rahbar-Roshandel et al., 2007).

Since EMF exposure is a physical non-invasive treatment with a low risk of side effects and no problems with drug interactions, our finding that EMF exposure suppressed the OGD-induced rise in

intracellular Ca^{2+} are noteworthy. However, our results are contrary to previous findings that 50 or 60 Hz EMF induced an increase in intracellular Ca^{2+} levels through voltage-gated calcium channel-mediated Ca^{2+} influx in various cell types (Grassi et al., 2004; Lindstrom et al., 1995; Lisi et al., 2006; Morgado-Valle et al., 1998; Piacentini et al., 2008; Zhang et al., 2010). These finding suggested that EMF exposure changes the electrical voltage-gradient across the plasma membrane and may therefore stimulate voltage-gated calcium channels through their voltage-gated properties (Pall, 2013). However, recent study reported that 50 Hz EMF does not affect intracellular calcium levels in human neutrophils (Golbach et al., 2015). The reason for the discrepancy between the previous results and ours is currently unclear; however, it is possible that it occurred due to differences in the experimental conditions. All studies mentioned above engaged 50 or 60 Hz EMF, which is a commonly used frequency of electric current. Indeed, many studies utilized 50 or 60 Hz EMF since the relationship between cancer and EMF was first suggested (Wertheimer and Leeper, 1979), while few studies have been conducted using other frequencies of the fields. We investigated different combinations of the frequencies and intensities of the fields and only found protective effects when 10 Hz and 1 mT of EMF were used. In addition, we applied EMF to cells cultured under OGD conditions, which is known to induce a rise in intracellular Ca^{2+} levels, while the above studies used normal culture conditions. Similar to our study, EMF reduced intracellular Ca^{2+} levels increased by phorbol-12-myristate-13-acetate (Conti et al., 1985) and concanavalin A (Walleczek and Liburdy, 1990) that are known to induce calcium influx.

OGD-induced intracellular ROS production causes neuronal cell death (Domoki et al., 2009; Guo et al., 2011; Shi and Liu, 2006), and three enzymes (or enzyme complexes) have been suggested as ROS sources in the OGD model. The NADPH oxidase complex is known to be involved in ROS production during I/R (Walder et al., 1997; Wang et al., 2006) and in the OGD model (Abramov et al., 2007; Beske and Jackson, 2012; Suh et al., 2008). The second source of cellular ROS during I/R injury is xanthine oxidase (Harrison, 2004; Manning et al., 1984). The last source is mitochondrial enzyme complex, although its significance as a ROS generator is lower than the other two sources because of its transient ROS production (Abramov et al., 2007). Activities of NADPH oxidase and xanthine oxidase are known to depend on cellular Ca^{2+} concentrations (Bánfi et al., 2001; Dykens et al., 1987). Given the intimate relationship between intracellular Ca^{2+} levels and the activities of these ROS-producing enzymes, the EMF exposure-induced reduction of intracellular Ca^{2+} is thought to be a decisive factor for the protection of MSC from OGD insults. Further supporting this notion is our result showing inhibitory effects of EDTA on the OGD-induced increase in intracellular Ca^{2+} levels and cell death. Such additive protective effects of EDTA against OGD insults have been reported in other studies (Kotani et al., 2008). Our results are also in good agreement with previous suggestions that OGD-induced Ca^{2+} influx is a key step in OGD-induced cell death (Duong and Kim, 2016; Lim et al., 2015).

In the present study, we have used a DCFH-DA which is commonly used for detecting intracellular ROS. However, some limitations of this dye to detect ROS, such as its lack of direct interaction with H_2O_2 and its reactivity with reactive nitrogen species, have been suggested in a recent review article (Kalyanaram et al., 2012). Therefore, it is required to confirm our experiments by use of different types of probes such as boronate-based fluorescent probes (Miller et al., 2005) in future studies. Furthermore, it is required to elucidate the exact sequence of events related to redox balance that takes place in the cells in future studies, although the magnitude of changes in DCF signal is high enough to conclude that oxidative stress is implicated in OGD

toxicity and that this effect is ameliorated to some extent by 10 Hz/1 mT EMF.

Although we demonstrated the protective effects of 10 Hz/1 mT EMF against OGD-induced MSC death *in vitro*, it is unknown whether these cells are functional. Therefore, *in vitro* studies to characterize the EMF-exposed cells at the phenotypic and functional levels and further studies using an animal model of ischemic brain injury are needed to be conducted.

Conclusions

Our results suggest that 10 Hz/1 mT EMF exposure inhibits OGD-induced cell death of human MSC *via* suppression of intracellular levels of Ca^{2+} and ROS.

Acknowledgements

This research was supported by the Pioneer Research Center Program through the National Research Foundation of Korea funded by the Ministry of Education, Science and Technology (NRF-2009-0082941) and was supported by the Gachon University research fund of 2015 (GCU-2015-0098).

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